## The Immunological Basis for Immunization Series

## Module 7: Measles Update 2009

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Update 2009

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This module was produced for Immunization, Vaccines and Biologicals, WHO, by:
William J. Moss, MD, MPH. Associate Professor. Departments of Epidemiology, International Health and W. Harry Feinstone Department of Molecular Microbiology and Immunology. Johns Hopkins University Bloomberg School of Public Health. Baltimore, Maryland, USA.

Dr Susana Scott, PhD. Infectious Disease Epidemiology Unit, London School of Hygiene and Tropical Medicine, Keppel Street, London, WC1E 7HT.

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Copies of this publications as well additional materials on immunization, vaccines and biological may be requested from:

World Health Organization<br>Department of Immunization, Vaccines and Biologicals<br>CH-1211 Geneva 27, Switzerland<br>- Fax: + 41227914227 •Email: vaccines@who.int

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## Abbreviations and acronyms

| AIDS | acquired immunodeficiency syndrome |
| :--- | :--- |
| DNA | deoxyribonucleic acid |
| DTH | delayed-type hypersensitivity |
| EIA | enzyme immunoassay |
| ELISA | enzyme-linked immunosorbent assay |
| EPI | Expanded Programme on Immunization |
| F | fusion protein |
| FDC | follicular dendritic cells |
| FIMV | formalin-inactivated measles vaccine |
| GIVS | Global Immunization Vision and Strategy |
| H | haemagglutinin protein |
| HAART | highly active antiretroviral therapy |
| HI | haemagglutination inhibition |
| HIV | human immunodeficiency virus |
| HLA | human leukocyte antigen |
| IFN | interferon |
| Ig | immunoglobulin |
| IL | interleukin |
| IQR | interquartile range |
| MIBE | measles inclusion body encephalitis |
| MMR | mumps, measles, rubella vaccine |
| MR | measles-rubella vaccine |
| MV | measles virus |
| N | nucleoprotein |
| NK | natural killer (cells) |
| RR | odds ratio |
| meicic acid |  |


| SIA | supplemental immunization activity |
| :--- | :--- |
| SLAM | signalling lymphocyte activation molecule (CD150) |
| SNP | single nucleotide polymorphism |
| SSPE | subacute sclerosing panencephalitis |
| TCID | tissue culture infective dose |
| UNICEF | United Nations Children's Fund |
| WHO | World Health Organization |

## Preface

This module is part of the series The Immunological Basis for Immunization, which was initially developed in 1993 as a set of eight modules focusing on the vaccines included in the Expanded Programme on Immunization (EPI) ${ }^{1}$. In addition to a general immunology module, each of the seven other modules covered one of the vaccines recommended as part of the EPI programme - diphtheria, measles, pertussis, polio, tetanus, tuberculosis and yellow fever. The modules have become some of the most widely used documents in the field of immunization.

With the development of the Global Immunization Vision and Strategy (GIVS) (2005-2015) (http://www.who.int/vaccines-documents/DocsPDF05/GIVS_Final_ EN.pdf) and the expansion of immunization programmes in general, as well as the large accumulation of new knowledge since 1993, the decision was taken to update and extend this series.

The main purpose of the modules - which are published as separate disease/vaccinespecific modules - is to give immunization managers and vaccination professionals a brief and easily-understood overview of the scientific basis of vaccination, and also of the immunological basis for the World Health Organization (WHO) recommendations on vaccine use that, since 1998, have been published in the Vaccine Position Papers (http://www.who.int/immunization/documents/positionpapers_intro/en/index. html).

The authors thank Dr. Felicity Cutts, the author of the prior edition of this module, and Dr. Simon Cousens for their contributions to our understanding of measles and assistance in interpreting studies of the antibody responses to measles vaccine.

WHO would like to thank all the people who were involved in the development of the initial Immunological Basis for Immunization series, as well as those involved in its updating and the development of new modules.

[^0]
## 1. The organism and disease

Measles virus infection is one of the most important infectious diseases of humans and has caused millions of deaths since its emergence as a zoonotic infection thousands of years ago. Prior to the development and widespread use of measles vaccines, measles was estimated to cause between five and eight million deaths annually. Remarkable progress in reducing measles incidence and mortality has been made, particularly in sub-Saharan Africa (1;2), as a consequence of increasing routine measles vaccine coverage and provision of a second opportunity for measles vaccination through supplementary immunization activities (SIAs) (3). In the Region of the Americas, intensive immunization and surveillance efforts have, since November 2002, stopped endemic transmission of measles virus, in part based upon the successful Pan American Health Organization strategy of nationwide measles vaccine campaigns and high routine measles vaccine coverage (4). These achievements attest to the enormous public-health significance of measles vaccination.

In 2003, the World Health Assembly endorsed a resolution urging member countries to reduce the number of deaths attributed to measles by $50 \%$ compared with 1999 estimates by the end of 2005. This target was met. Overall, global measles mortality in 2005 was estimated to be 345000 deaths (uncertainty bounds 247000 and 458000 deaths), a $60 \%$ decrease from 1999 (2). The revised global goal, as stated in the Global Immunization Vision and Strategy 2006-2015 of the World Health Organization and United Nations Children's Fund, is to reduce measles deaths $90 \%$ by 2010 compared to the estimated number in 2000 (5). To achieve this goal, continued progress needs to be made in delivering measles vaccines to the world's children.

### 1.1 Measles

Clinically apparent measles begins with a prodrome characterized by fever, cough, coryza (runny nose), and conjunctivitis (Figure 1). Koplik's spots, small bluish-white lesions on the buccal mucosa inside the mouth, may be visible during the prodrome. The prodromal symptoms intensify several days before the onset of rash. The characteristic erythematous and maculopapular rash typically appears first on the face and behind the ears, and then spreads in a centrifugal fashion to the trunk and extremities. The rash lasts for three to four days and fades in the same manner as it appeared. Some children, particularly those who are malnourished, may develop a deeply pigmented rash that desquamates or peels during recovery. Because the rash of measles is a consequence of the cellular immune response, persons with impaired cellular immunity, such as those with the acquired immunodeficiency syndrome (AIDS), may not develop the characteristic measles rash.

Figure 1: Pathogenesis of measles virus infection


In uncomplicated measles, clinical recovery begins soon after appearance of the rash. Complications occur in $10 \%-40 \%$ of measles cases and the risk is increased by extremes of age, malnutrition, and other causes of impaired immunity ( $6 ; 7$ ). Complications of measles have been described in almost every organ system. The respiratory tract is a frequent site of complication, with pneumonia accounting for most measles-associated deaths (8). Pneumonia is caused by secondary viral or bacterial infections, or by measles virus itself. Other respiratory complications include laryngotracheobronchitis (croup), and more commonly, otitis media (ear infection). Mouth ulcers, or stomatitis, may hinder children with measles from eating or drinking. Many children with measles develop diarrhoea, which further contributes to malnutrition. Eye disease (keratoconjunctivitis) may occur after measles, particularly in children with vitamin-A deficiency, and can result in blindness.

Rare but serious complications of measles involve the central nervous system. Post-measles encephalomyelitis complicates approximately one in 1000 measles cases, mainly in older children and adults. Other rare central nervous system complications occurring months to years after acute infection are measles inclusion body encephalitis (MIBE) and subacute sclerosing panencephalitis (SSPE). Children with malnutrition, particularly vitamin-A deficiency, and those with severe immunological deficits such as advanced human immunodeficiency virus (HIV-1) infection, are at increased risk of severe or fatal measles. In resource-poor countries where malnutrition and exposure to other infectious diseases is common, the case-fatality ratio for measles is usually $3 \%$ to $6 \%$, but can be as high as $30 \%$ in refugee camps or in isolated, immunologically naive populations (2;9). However deaths due to measles are rare in developed countries, where the case fatality ratio is $0.01 \%$ to $0.1 \%$.

The characteristic clinical features are of sufficient sensitivity and specificity to have high predictive value for the diagnosis of measles in regions where measles virus is endemic. However, laboratory diagnosis is necessary where measles virus transmission rates are low, in immunocompromised persons who may not have the characteristic clinical manifestations, and as part of measles surveillance. Other infections, such as with rubella virus, parvovirus B19 (erythema infectiosum or Fifth disease), human herpes viruses 6 and 7 (roseola infantum), dengue virus and Streptococcuspyogenes (scarlet fever), may mimic measles. Detection of IgM antibodies to measles virus by a capture enzyme immunoassay (EIA) is the standard method of diagnosing acute measles, as described below (10;11).

### 1.2 Measles virus

Measles virus is the causative agent of measles and was first isolated from the blood of infected persons in the 1950s by John Enders and Thomas Peebles (12). The development of vaccines against measles soon followed. Measles virus is one of the most infectious directly-transmitted pathogens known, and occurs naturally only in humans. Measles virus is a spherical, nonsegmented, single-stranded, negative-sense, enveloped ribonucleic acid (RNA) virus and a member of the Morbillivirus genus in the family of Paramyxoviridae. Other members of the Morbillivirus genus, although not pathogenic to humans, are rinderpest virus and canine distemper virus. Rinderpest virus causes an important disease of cattle and swine, and is the Morbillivirus most closely related to measles virus. Although RNA viruses have high mutation rates, measles virus is considered to be an antigenically monotypic virus, meaning that the surface proteins responsible for inducing protective immunity have retained their antigenic structure over decades and throughout the world. The public-health significance is that measles vaccines developed decades ago from a single measles virus strain remain protective worldwide. However, genetic sequencing has identified 23 different measles virus genotypes, allowing for molecular epidemiological studies of measles virus transmission (13). Measles virus is killed by ultraviolet light and heat, and attenuated measles vaccine viruses retain this sensitivity necessitating a cold chain for transporting and storing measles vaccines, particularly after reconstitution.

The measles virus genome encodes eight proteins. In terms of understanding the immunological basis of measles immunization, the two surface proteins of measles virus, the haemagglutinin $(\mathrm{H})$ and fusion $(\mathrm{F})$ proteins, are most important. The primary function of the H protein is to bind to host cellular receptors, whereas the F protein mediates uptake into the host cell. The H protein elicits strong host immune responses, and the life-long immunity that follows infection is attributed to neutralizing antibodies against H (14).

Respiratory droplets from infected persons serve as vehicles of transmission by carrying infectious virus to epithelial cells of the respiratory tract of susceptible hosts. During the 10 to 14 day incubation period between infection and the onset of clinical signs and symptoms, measles virus replicates and spreads within the infected host (Figure 1). Initial viral replication typically occurs in epithelial cells at the portal of entry in the upper respiratory tract, and the virus then spreads to local lymphatic tissue. Replication in local lymph nodes is followed by viremia (the presence of virus in the blood) and the dissemination of measles virus to many organs, including lymph nodes, skin, kidney, gastrointestinal tract and liver, where the virus replicates in epithelial and endothelial cells as well as monocytes, macrophages and lymphocytes. Infected persons are usually contagious from 2-3 days before and up to four days after onset of the rash.

### 1.3 Measles vaccines

### 1.3.1 Vaccine strains

Attenuation of wild-type measles virus for the production of measles vaccines is achieved by serial passage in cultured cells. The first licensed attenuated measles vaccine was called Edmonston B (Figure 2). This vaccine was immunogenic and was widely used between 1963 and 1975, but was frequently associated with fever and rash. The Schwarz and Moraten ("more attenuated") strains were derived from the original Edmonston strain but further attenuated through additional passages in chick embryo fibroblasts. Despite differences in their passage history, these two vaccine strains have identical genomic sequences (15). The Moraten vaccine is widely used in the United States of America, whereas the Schwarz vaccine is used in many countries throughout the world. The Edmonston-Zagreb vaccine, similarly derived from the Edmonston B strain, is the most widely used strain in developing countries and was passaged in human diploid cells after attenuation in chick embryo fibroblasts. Other attenuated measles vaccines have been produced from locally derived wild-type strains, particularly in the Russian Federation (Leningrad-16), the People's Republic of China (Shanghai-191) and Japan (CAM-70, AIK-C).

Figure 2: Measles virus vaccines


Several attenuated measles vaccines are available in combination with other antigens, such as rubella and mumps vaccines (MR and MMR), and varicella vaccine. Licensed combination vaccines do not reduce the immunogenicity of the measles vaccine component. Measles vaccines are usually injected subcutaneously but can be administered intramuscularly. Measles vaccines may contain sorbitol or gelatin as stabilizers and the antibiotic neomycin, but do not contain thimerosal. The vaccine must be reconstituted in sterile diluent prior to use.

### 1.3.2 Vaccine potency and stability

The potency of measles vaccines can be determined by measurement of plaqueforming units (PFU) or tissue culture infective doses $\left(\mathrm{TCID}_{50}\right)$. An International Reference Reagent is available to standardize reporting of potency measurements. The World Health Organization recommends a minimum potency for measles vaccine of 1000 viral infective units $\left(3.0 \log _{10}\right.$ TCID $_{50}$ ) (16). Vaccines with potencies between 3.0 and $4.6 \log _{10}$ are considered to be standard-titre vaccines, and vaccines with potencies above $4.7 \log _{10}$ are defined as high-titre vaccines (17).

Measles vaccines are relatively heat-stable in the lyophilized form, but rapidly lose potency when exposed to heat after reconstitution. The development of effective stabilizers and the formulation of the World Health Organization requirement for heat stability for freeze-dried measles vaccine considerably improved the quality of measles vaccines. In the freeze-dried state, measles vaccines that meet World Health Organization requirements retain a minimum potency of at least $3.0 \log _{10}$ live virus particles per human dose after exposure to a temperature of $37^{\circ} \mathrm{C}$ for at least one week (16). However, reconstituted measles vaccines may lose their potency at room temperatures. Although the stability depends in part upon the particular vaccine strain, reconstituted measles vaccines may lose approximately $50 \%$ of potency in one hour at $22^{\circ} \mathrm{C}$ to $25^{\circ} \mathrm{C}$, and are inactivated within one hour at temperatures over $37^{\circ} \mathrm{C}$. Reconstituted measles vaccines must therefore be kept cool and protected from sunlight.

# 2. Immunological responses to natural infection 

Host immune responses to measles virus are essential for viral clearance, clinical recovery, and the establishment of long-term protective immunity.

### 2.1 Innate immune responses

The early nonspecific (innate) immune responses that occur during the prodromal phase of the illness include activation of natural killer (NK) cells, and increased production of the antiviral proteins interferon (IFN)- $\alpha$ and IFN- $\gamma$. IFN induction by wild-type measles virus strains is generally less efficient than by vaccine strains. These innate immune responses contribute to the control of measles virus replication before the onset of more specific (adaptive) immune responses.

### 2.2 Antibody responses

The adaptive immune responses consist of measles virus-specific antibody and cellular immune responses (Figure 1). The protective efficacy of antibodies to measles virus is illustrated by the protection conferred to infants from passivelyacquired maternal antibodies and the protection of exposed, susceptible individuals following administration of anti-measles virus immune globulin (18). The first measles virus-specific antibodies produced after infection are of the IgM subtype, generally followed by a switch to predominantly IgG1 and IgG4 isotypes (19). The IgM antibody response usually is absent following re-exposure or revaccination, and serves as a marker of primary infection. IgA antibodies to measles virus are found in mucosal secretions. The most abundant and most rapidly produced antibodies are against the nucleoprotein $(\mathrm{N})$, and the absence of antibodies to N is the most accurate indicator of the lack of antibodies to measles virus. Although not as abundant, antibodies to H and F proteins contribute to virus neutralization and are the best correlates of protection against measles virus infection. Avidity is an important characteristic of a mature antibody response and refers to how tightly the antibody binds measles virus antigens. The development of a high avidity antibody response is critical to the development of protective immunity to measles virus. Antibody avidity to measles virus is generally lower in children vaccinated at six or nine months of age compared with children vaccinated at 12 months of age (20).

### 2.3 Cellular immune responses

Evidence of the importance of cellular immune responses to measles virus is demonstrated by the ability of children with agammaglobulinemia (congenital inability to produce antibodies) to fully recover from measles, whereas children with severe defects in T-lymphocyte function often develop severe or fatal disease (21). Monkeys provide an animal model to study the immune responses to measles virus and measles vaccines, and monkeys depleted of $\mathrm{CD}^{+} \mathrm{T}$ lymphocytes and challenged with wild-type measles virus had a more extensive rash, higher measles virus loads, and longer duration of viremia than control animals, further confirming the importance of cellular immunity to measles virus clearance (22).

CD4+ T lymphocytes are also activated in response to measles virus infection and secrete cytokines capable of modulating the humoral and cellular immune responses (Figure 1). Plasma cytokine profiles show increased levels of IFN- $\gamma$ during the acute phase, followed by a shift to high levels of interleukin (IL)-4 and IL-10 during convalescence (23). The initial predominant type 1 response (characterized by IFN- $\gamma$ ) is essential for viral clearance, and the later type 2 response (characterized by IL-4) promotes the development of measles virus-specific antibodies (24).

### 2.4 Immunological memory

The duration of protective immunity following wild-type measles virus infection is generally thought to be life-long. Observations by Peter Panum during the measles epidemic on the isolated Faroe Islands in 1846, demonstrated the long-term protective immunity conferred by wild-type measles virus infection (25). Two measles epidemics occurred in this community decades apart. Adults with a history of measles as children did not acquire measles after re-exposure 65 years later. The mechanisms involved in sustaining protective immunity to measles virus are not completely understood, but general principles of the development and maintenance of immunological memory probably govern this process. There is no evidence that repeat exposure to measles virus is required for long-term immunity, although studies in the Republic of Senegal suggested that subclinical boosting of antibody levels may result from frequent exposure in regions where measles virus is circulating (26). Immunological memory to measles virus includes both continued production of measles virus-specific antibodies and the circulation of measles virus-specific $\mathrm{CD}^{+}$and $\mathrm{CD} 8^{+} \mathrm{T}$ lymphocytes (27). Although levels of anti-measles virus antibodies may diminish over time, the ability to rapidly mount secondary humoral and cellular immune responses is important in providing protection from infection.

### 2.5 Immune suppression

The intense immune responses induced by measles virus infection are paradoxically associated with depressed responses to unrelated (non-measles virus) antigens, lasting for several weeks to months beyond resolution of the acute illness. This state of immune suppression enhances susceptibility to secondary bacterial and viral infections causing pneumonia and diarrhoea, and is responsible for much measles-related morbidity and mortality (28;29). Delayed-type hypersensitivity (DTH) responses to recall antigens, such as tuberculin, are suppressed and cellular and humoral responses to new antigens are impaired, following measles virus infection (30). Reactivation of tuberculosis and remission of autoimmune diseases have been described after measles and are attributed to this state of immune suppression.

Abnormalities of both the innate and adaptive immune responses follow measles virus infection. Transient lymphopenia (a reduction in the number of lymphocytes in the blood) with a reduction in both CD4+ and CD8+ T lymphocytes, occurs in children following measles virus infection, although this may reflect redistribution of lymphocytes to lymphoid tissue in addition to cell death (31). Functional abnormalities of immune cells are also detected, including decreased lymphocyte proliferative responses (32). Dendritic cells, major antigen-presenting cells, mature poorly, lose the ability to stimulate proliferative responses in lymphocytes, and undergo cell death when infected with measles virus in vitro (33). The dominant type 2 response in children recovering from measles can inhibit type 1 responses and increase susceptibility to intracellular pathogens $(34 ; 35)$. The production of IL-12, important for the generation of type1 immune responses, decreases following binding of the CD46 receptor for measles virus (36) and is low for several weeks in children with measles (37). This diminished ability to produce IL-12 could result in limited type 1 immune responses to other pathogens. A role for immunomodulatory cytokines in the immune suppression following measles is supported by evidence of elevated plasma levels of IL-10 in children with measles, a cytokine capable of inhibiting immune responses (23).

# 3. Immunological responses to immunization 

### 3.1 Antibody and cellular immune responses

Measles vaccines induce humoral and cellular immune responses similar to natural measles virus infection. Antibodies first appear between 12 and 15 days after vaccination and typically peak at 21 to 28 days. $\operatorname{IgM}$ antibodies appear transiently in blood, $\operatorname{IgA}$ antibodies are predominant in mucosal secretions, and $\operatorname{IgG}$ antibodies persist in blood for years. Vaccination also induces measles virus-specific CD4+ and CD8+ T-lymphocytes ( $27 ; 38$ ). Although both humoral and cellular responses can be induced by measles vaccines, these responses are of lower magnitude and shorter duration compared to those following wild-type measles virus infection (39).

The proportion of children who develop protective antibody levels following measles vaccination depends on the presence of inhibitory maternal antibodies and the immunologic maturity of the vaccine recipient, as well as the dose and strain of vaccine virus (Figure 3, Table 1). Frequently cited figures are that approximately $85 \%$ of children develop protective antibody levels when given one dose of measles vaccine at nine months of age, and $90 \%$ to $95 \%$ respond when vaccinated at 12 months of age (17). Among the 44 studies listed in Table 1 in which children were vaccinated between 8 and 9 months of age, the median proportion of children responding was $89.6 \%$ (mean 86.7 ; minimum 56 ; maximum 100; interquartile range (IQR) 82 , 95). Among the 24 studies listed in Table 1 in which children were vaccinated between 9 and 10 months of age, the median proportion of children responding was $92.2 \%$ (mean 88.2; minimum 59; maximum 100; IQR 84, 96). Among the 21 studies listed in Table 1 in which children were vaccinated between 11 and 12 months of age, the median proportion of children responding was $99 \%$ (mean 95.7 ; minimum 80 ; maximum 100; IQR 93, 100).

Figure 3: Box plots showing the proportion of children who respond to standard-titre measles vaccine by age at vaccination


### 3.2 Immune responses to revaccination

The immunological basis for providing a second opportunity for measles vaccination is to immunize those children who fail to respond to the first dose, as well as to vaccinate those who never received a dose. Immune responses to revaccination depend in part on the adequacy of the response to the first dose of measles vaccine. Those with poor immune responses to initial vaccination usually have a characteristic primary immune response, with production of $\operatorname{IgM}$ antibodies followed by high levels of $\operatorname{IgG}$ antibodies. When a second dose is administered to children over one year of age who failed to develop protective antibody levels following the first dose, the majority will develop protective antibody levels (Table 2). For example, among 679 children four to six years of age who received a single dose of measles vaccine between 12 and 17 months of age, $97 \%$ of the 37 seronegative children seroconverted after revaccination (40). In another study of children in the United States, $82 \%$ of 130 seronegative children seroconverted after revaccination after a single dose of measles vaccine (41).
Table 1 A: Seroconversion by age at vaccination with standard-titre measles vaccine for the African Region

Table 1 A: Seroconversion by age at vaccination with standard-titre measles vaccine for the African Region (cont'd...)

| Country (reference) | Year | Vaccine strain | Assay | Percentage of children who seroconvert by age at time of vaccination in months (number of children studied) |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | >3-4 | >4-5 | >5-6 | >6-7 | >7-8 | >8-9 | >9-10 | >10-11 | >11-12 | >12-13 | >13 |
| South Africa (153) | 1990 | Schwarz | ELISA | - | - | - | - | - | $\begin{aligned} & 89.2 \\ & (176) \end{aligned}$ | - | - | - | - | - |
| Côte d'Ivoire (101) | 1992 | Schwarz | HI | - | - | - | - | - | $\begin{gathered} 98 \\ (343) \end{gathered}$ | - | - | - | - | - |
| Guinea (154) | 1992 | EdmonstonZagreb | H |  |  |  | 91 |  |  |  |  |  |  |  |
| South Africa (155) | 1991 | EdmonstonZagreb | ELISA | - | $\begin{gathered} 31 \\ (26) \\ \hline \end{gathered}$ | - | $\begin{gathered} 71 \\ (14) \end{gathered}$ | $\begin{aligned} & 63 \\ & \text { (8) } \end{aligned}$ | - | - | - | - | - | - |
| South Africa (155) | 1991 | Schwarz | ELISA | - | $\begin{gathered} 25 \\ (20) \\ \hline \end{gathered}$ | - | $\begin{gathered} 41 \\ (17) \\ \hline \end{gathered}$ | $\begin{gathered} 27 \\ (11) \end{gathered}$ | - | $\begin{gathered} 59 \\ (27) \\ \hline \end{gathered}$ | - | - | - | - |
| Guinea-Bissau (156) | 1994 | Schwarz | H | - | - | - | - | - | - | $\begin{gathered} 96 \\ (74) \\ \hline \end{gathered}$ | - | - | - | - |
| Guinea-Bissau (156) | 1994 | Schwarz | ELISA | - | - | - | - | - | - | $\begin{aligned} & 100 \\ & (96) \end{aligned}$ | - | - | - | - |
| Ghana (157) | 1994 | Schwarz | HI | 50 | 50 | 37.5 | 86.7 | 100 | 92.3 | 92.3 | 87.5 | 100 |  |  |
| Cameroon (158) | 1995 | Connaught | ELISA | $\begin{aligned} & 52.9 \\ & (17) \\ & \hline \end{aligned}$ | $\begin{aligned} & 77.8 \\ & (18) \\ & \hline \end{aligned}$ | $\begin{aligned} & 82.4 \\ & (17) \end{aligned}$ | $\begin{gathered} 87.5 \\ \text { (8) } \\ \hline \end{gathered}$ | $\begin{aligned} & 100 \\ & (3) \\ & \hline \end{aligned}$ | - | - | - | - | - | - |
| Cameroon (158) | 1995 | Schwarz | ELISA | $\begin{aligned} & 62.5 \\ & (16) \end{aligned}$ | 57.1 <br> (7) | $87.5$ (8) | 50 <br> (6) | 66.7 <br> (3) | - | - | - | - | - | - |
| Guinea-Bissau (159) | 2001 | EdmonstonZagreb | H | - | - | $\begin{aligned} & 95.1 \\ & (81) \end{aligned}$ | - | - | $\begin{array}{r} 98.6 \\ (211) \\ \hline \end{array}$ | - | - | - | - | - |
| Guinea-Bissau (159) | 2001 | Schwarz | HI | - | - | $\begin{array}{r} 78.3 \\ (106) \\ \hline \end{array}$ | - | - | $\begin{array}{r} 97.1 \\ (310) \\ \hline \end{array}$ | - | - | - | - | - |

[^1]Table 1 B: Seroconversion by age at vaccination with standard-titre measles vaccine for the Latin American region

| Country (reference) | Year | Vaccine strain | Assay | Seroconversion rates (\%) by age at time of vaccination in month (number of children studied) |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | >3-4 | >4-5 | >5-6 | >6-7 | >7-8 | >8-9 | >9-10 | >10-11 | >11-12 | >12-13 | >13 |
| Brazil (160) | 1978 | Schwarz | HI | - | - | - | 17 (6) | 67 (6) | 75 (4) | 71 (7) | 88 (8) | 100 (7) | - | - |
| Chile (161;162) | 1982 | Moraten | HI | - | - | 64 (1) | 74 (43) | 84 (61) | 82 (22) | 83 (6) | 100 (1) | 100 (2) | - | - |
| Equador (161;162) | 1982 | Moraten | Hi | - | - | 65 (31) | 77 (30) | 91 (33) | 91 (32) | 92 (24) | 86 (21) | 100 (23) | - | - |
| Brazil ( $161 ; 162$ ) | 1982 | Moraten | HI | - | - | 55 (53) | 70 (50) | 85 (52) | 90 (40) | 95 (41) | 94 (32) | $97 \quad$ (34) | - | - |
| Brazil ( $161 ; 162$ ) | 1982 | Moraten | HI | - | - | 72 (58) | 83 (58) | 87 (63) | 91 (74) | 96 (48) | 98 (43) | 100 (31) | - | - |
| Brazil ( $161 ; 162$ ) | 1982 | Moraten | Hi | - | - | 52 (79) | 52 (71) | 73 (59) | 84 (49) | 92 (37) | 94 (49) | 93 (41) | - | - |
| Brazil ( $161 ; 162$ ) | 1982 | Moraten | Hi | - | - | 48 (42) | 68 (57) | 86 (44) | 75 (16) | 91 (11) | 100 (8) | 100 (8) | - | - |
| Mexico (163) | 1984 | EZ-Mx | PRN | 29(13) | 20(9) | 77 (10) | - | - | - | - | - | - | - | - |
| Mexico (163) | 1984 | EZ-Mx | PRN | 69 (13) | 89(9) | 100(10) | - | - | - | - | - | - | - | - |
| Haiti (76) | 1985 | Moraten | Hi | - | - | 45 (51) | 71 (52) | 77 (39) | 85 (58) | 94 (53) | $95 \quad(40)$ | 100 (40) | - | - |
| Guatemala (164) | 1989 | Schwarz | Hi | - | - | - | - | 81 (11) | 89 (66) | 96 (46) | 98 (45) | 92 (39) | 100 (32) | 100 (19) |
| Guatemala (164) | 1989 | Moraten | HI | - | - | - | - | 100 (10) | $\begin{aligned} & 89.1 \\ & (55) \end{aligned}$ | 100 (38) | 96.7 (60) | 100 (44) | 96.2 (26) | 100 (19) |
| Peru (165) | 1990 | Connaught | ELISA | - | - | - | - | - | 94 (34) | - | - | - | - | - |

Table 1 B: Seroconversion by age at vaccination with standard-titre measles vaccine for the Latin American region (cont'd...)

| Country (reference) | Year | Vaccine strain | Assay | Seroconversion rates (\%) by age at time of vaccination in month (number of children studied) |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | >3-4 | >4-5 | >5-6 | >6-7 | >7-8 | >8-9 | >9-10 | >10-11 | >11-12 | >12-13 | >13 |
| Mexico (166) | 1990 | EZ-M | PRN | - | - | 82 (151) | - | - | 97 (171) | - | - | - | - | - |
| Mexico (166) | 1990 | Schwarz | PRN | - | - | 57 (146) | - | - | 85 (128) | - | - | - | - | - |
| Mexico (166) | 1990 | EZ-M | PRN | - | - | 92 (151) | - | - | 96 (171) | - | - | - | - | - |
| Mexico (166) | 1990 | Schwarz | PRN | - | - | 66 (146) | - | - | 87 (128) | - | - | - | - | - |
| Mexico (166) | 1990 | EZ-M | PRN | - | - | 66 (151) | - | - | 79 (171) | - | - | - | - | - |
| Mexico (166) | 1990 | Schwarz | PRN | - | - | 49 (146) | - | - | 82 (128) | - | - | - | - | - |
| Brazil (167) | 2002 | BIKEN-CAM | ELISA | - | - | - | 31 (126) | 37 (102) | 56 (65) | 62 (67) | 84 (73) | 84 (57) | 74 (62) | - |

[^2]Table 1 C: Seroconversion by age at vaccination with standard-titre measles vaccine for countries in Asia

Table 1 C: Seroconversion by age at vaccination with standard-titre measles vaccine for countries in Asia (cont'd...)

| Country (reference) | Year | Vaccine strain | Assay | Seroconversion rates (\%) by age at time of vaccination in month (number tested) |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | >3-4 | >4-5 | >5-6 | >6-7 | >7-8 | >8-9 | >9-10 | >10-11 | >11-12 | >12-13 | $>13$ |
| India (176) | 1994 | SchwarzMMR | HI | - | - | - | - | - | 80 (49) | - | - | 98 (47) | - | 95 (27) |
| India (176) | 1994 | Schwarz- <br> MMR | ELISA | - | - | - | - | - | 93 (48) | - | - | 89 (46) | - | 100 (27) |
| Uzbekistan (177) | 1994 | EZ-SK | H | - | - | $\begin{gathered} 67 \\ \text { (142) } \end{gathered}$ | - | - | $\begin{gathered} 91 \\ (154) \end{gathered}$ | - | - | - | - | - |
| Uzbekistan (177) | 1994 | L-16 | H | - | - | $\begin{gathered} 75 \\ (151) \end{gathered}$ | - | - | $\begin{gathered} 95 \\ (137) \end{gathered}$ | - | - | - | - | - |
| Uzbekistan (177) | 1994 | AIK-C | HI | - | - | $\begin{gathered} 83 \\ (125) \end{gathered}$ | - | - | $\begin{gathered} 94 \\ (156) \end{gathered}$ | - | - | - | - | - |
| Thailand (178) | 2000 | Schwarz | ELISA | - | - | - | - | - | $\begin{aligned} & 100 \\ & (14) \end{aligned}$ | - | - | - | - | - |
| Bangladesh (179) | 2001 | EZ-Z or <br> Schwarz | PRN | - | - | 56 (23) | - | - | 83 (21) | - | - | - | - | - |
| Bangladesh (179) | 2001 | EZ-Z or Schwarz | PRN | - | - | 70 (23) | - | - | 93 (21) | - | - | - | - | - |
| India (180) | 2001 | Not stated | Hi | - | - | 41 (17) | 50 (32) | 65 (26) | 74 (49) | 86 (22) | 100 (4) | - | - | - |
| China (181) | 2001 | Hu191 | ELISA | - | - | 81 (65) | 91 (62) | - | - | - | - | 94 (355) | - | - |

[^3]An increase in IgG antibody levels, or boosting, can be seen in persons with moderate levels of protective immunity after the first dose of measles vaccine (42;43). In these individuals, an anamnestic immune response develops, $\operatorname{IgM}$ antibodies typically are not produced, and $\operatorname{IgG}$ antibodies are detected within five to six days and peak around 12 days. Antibody levels after revaccination tend to return to pre-vaccination levels within several months to years (Table 2), although cell-mediated immune responses after revaccination may persist (39). In persons with high levels of pre-existing antibodies to measles virus, vaccine virus does not replicate sufficiently to boost antibody levels. Children who were revaccinated were at lower risk of acquiring measles in Finland (44) and Zimbabwe (45).

### 3.3 Determinants of the immune responses to immunization

### 3.3.1 Host factors

### 3.3.1.1 Age at vaccination

The age at vaccination is an important determinant of the immune response to measles vaccine, with older infants having better responses than younger infants. The optimal age for measles vaccination is determined by consideration of the age-dependent increase in seroconversion rates following measles vaccination and the average age of infection. In regions of intense measles virus transmission, the average age of infection is low and the optimal strategy is to vaccinate against measles as young as possible (usually nine months of age - see below). By contrast, in settings where measles virus transmission has been reduced, the age of routine measles vaccination can be increased to 12 months or older. Antibody responses to measles vaccine increase with age up to approximately 15 months, due to the presence of inhibitory maternal antibodies and immaturity of the immune system (Figure 3). This immaturity of the immune system in neonates and young infants includes a limited B-cell repertoire and inefficient mechanisms of antigen presentation and T-cell help (46;47). The recommended age at vaccination must balance the risk of primary vaccine failure, which decreases with age, against the risk of measles virus infection prior to vaccination, which increases with increasing age.

In communities with intense measles virus transmission, a significant proportion of children may acquire measles before nine months of age. For example, in Lusaka, in the Republic of Zambia, one quarter of HIV-uninfected and one third of HIV-infected children hospitalized with measles were younger than nine months old (48). Under some circumstances, provision of an extra, early dose of measles vaccine at six months (e.g. in outbreaks or for HIV-infected children) is appropriate. Additional doses of measles vaccine should be administered to these children, according to the routine immunization schedule.
Table 2: Antibody responses to measles revaccination

| Author, <br> Date of publication (Reference) | Year | Country of study | Age at first vaccination | Age at revaccination | Number | $\%$ with measles antibodies before revaccination | $\%$ with measles antibodies after revaccination | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Krugman (182) | 1965 | USA | NA | NA | 36 | 0 | 100 | Antibody levels declined within 1 to 3 years after revaccination |
| Bass (183) | 1976 | USA | childhood | 3-18 years | 15 | 0 | 100 | $95 \%$ of 318 children were seropositive prior to revaccination; $75 \%$ of 12 revaccinated children lost antibody by 6 months |
| Deseda (184) | 1978 | USA | childhood | < 18 years | 26 | 0 | 100 | Children with secondary response (IgG only) had lower antibody levels that declined by 10 months |
| Linnemann (185) | 1982 | USA | < 10 months | mean 7.8 years | 72 | NA | 60 | Antibody levels measured at a mean of 12.6 years |
| Yeager (186) | 1983 | USA | 11-12 months | NA | 42 | 0 | 86 | Age at revaccination between 6 and 20 years |
| Murphy (187) | 1984 | USA | 5-11 months | 14-23 months | 291 | NA | 98 | $98 \%$ seropositive after single dose at 15 months |
| Lampe (188) | 1985 | USA | 7-13 months | 14-18 months | 5 | 0 | 100 | $72 \%$ of 18 children seropositive before revaccination |
| Stetler (42) | 1986 | USA | < 10 months | 15 months | 121 | 0 | 96 |  |
| McGraw (189) | 1986 | USA | 7-12 months | 15-18 months | 52 | 89 | 94 |  |
| Wittler (43) | 1991 | USA | childhood | 4-20 years | 183 | 90 | 100 | "Susceptible" defined as having 4-fold or greater rise in antibody level after revaccination |
| Markowitz (190) | 1992 | USA | 11 - >24 months | 12-19 years | 7 | 0 | 100 | $90 \%$ of 33 children with low pre-vaccination antibody levels responded to revaccination but were more likely to lose antibody at 6 years |
| Cote (191) | 1993 | USA | childhood | 16-27 years | 37 | 0 | 97 |  |
| Ward (39) | 1995 | Canada | 11-36 months | mean 9 years | 60 | 0 | 100 | PRN titres at one month after revaccination were not sustained at 6 months in two-thirds |
| Mendelson (192) | 1996 | Israel | NA | 18-25 years | 46 | 0 | 78 |  |

Table 2: Antibody responses to measles revaccination (cont'd...)

| Author, <br> Date of publication (Reference) | Year | Country of study | Age at first vaccination | Age at revaccination | Number | \% with measles antibodies before revaccination | \% with measles antibodies after revaccination | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Watson (40) | 1996 | USA | 15-17 months | 4-6 years | 37 | 0 | 97 |  |
| Bartoloni (193) | 1997 | Bolivia | NA | school age | 26 | 0 | 100 | $52 \%$ had a significant loss of antibodies at one year |
| Poland (41) | 1997 | USA <br> Canada | median 1.2 years | median 10 years | 130 | 0 | 82 |  |
| Broliden (194) | 1998 | Sweden | 18 months | 12 years | 310 | 98 | 99 |  |
| Khalil (195) | 1999 | Saudi Arabia | 6 months | 12 months | 93 | 81 | 100 |  |
| Dilraj (136) | 2000 | South Africa | NA | mean 9 years mean 8.8 years | $\begin{aligned} & 128 \\ & 128 \end{aligned}$ | $\begin{aligned} & 0 \\ & 0 \end{aligned}$ | $\begin{aligned} & 81 \\ & 73 \end{aligned}$ | EZ subcutaneously Schwarz subcutaneously |
| Ceyhan (196) | 2001 | Turkey | 9 months | 15 months | 442 | NA | 70 |  |
| Gans (197) | 2001 | USA | 6-9 months | 12 months | 31 | NA | 100 | PRN titres increased from 267-776 mIU to 1487-1994 mIU after revaccination |
| Hutchins (198) | 2001 | USA | 6-11 months | $\geq 12 \mathrm{months}$ | 209 | NA | 94 | 98\% of children who received a single dose at $\geq 12$ months had protective antibodies |
| Wong-Chew (199) | 2003 | Mexico | NA | adults | 7 |  |  | Boosting of cellular immune responses in those with high pre-existing antibody levels |
| Isik (200) | 2003 | Turkey | 9 | 15 | 15 | 0 | 87 | $78 \%$ and $82 \%$ of 116 children were seropositive after the 1st and 2nd doses |
| Rager (201) | 2003 | Israel | 6-23 months | 5-7 years | 12 | 0 | 92 | Some children received three doses of vaccine |
| Saffar (202) | 2006 | Islamic Republic of Iran | childhood | adolescents and adults | 105 | 0 | 82 |  |
| Kremer (203) | 2006 | Luxembourg | childhood | adolescents | 112 | 89 | 90 |  |
| Moss (59) | 2007 | Zambia | 9 months | 11-21 months | $\begin{aligned} & 115 \\ & 13 \end{aligned}$ | $\begin{aligned} & 95 \\ & 92 \end{aligned}$ | $\begin{aligned} & 97 \\ & 92 \end{aligned}$ | HIV-1 uninfected HIV infected |

### 3.3.1.2 Passively-acquired maternal antibodies

Young infants in the first months of life are protected against measles by passivelyacquired maternal IgG antibodies. An active transport mechanism in the placenta is responsible for the transfer of $\operatorname{IgG}$ antibodies from the maternal circulation to the fetus, starting at approximately 28 weeks gestation and continuing until birth (47). Three factors determine the degree and duration of protection in the newborn: (1) the level of maternal antibodies to measles virus; (2) the efficiency of placental transfer; (3) the rate of catabolism in the child (49). Although protective, maternally-acquired antibodies also interfere with the immune responses to the attenuated measles vaccine by inhibiting replication of vaccine virus necessary for a robust immune response to the vaccine. In general, maternally-acquired antibodies are no longer present in the majority of children by six to nine months of age (49). The half-life of antibodies to measles virus is the time required for one half of the amount of antibody to decay, and estimates of this half-life are remarkably consistent across studies (Table 3). Estimates vary between 40 and 61 days, and there do not seem to be regional differences in decay rates.

Table 3: Half-life of maternally-acquired antibodies to measles virus

| Country (reference) | Number of children | Estimated half-life for maternal antibodies (days) | Test |
| :---: | :---: | :---: | :---: |
| USA (49;204-206) ${ }^{\text {a }}$ | 42 | 48.4 | HI |
| Kenya (205;207) ${ }^{\text {a }}$ | 35-116 | 46.1 | HI |
| China (Province of Taiwan) (205;206) ${ }^{\text {a }}$ | 14-88 | 53.3 | HI |
| Jamaica (208) | $\begin{aligned} & 155 \\ & 155 \end{aligned}$ | $\begin{aligned} & 60.8^{\mathrm{a}} \\ & 43.5^{\mathrm{b}} \end{aligned}$ | $\begin{gathered} \mathrm{HI} \\ \text { PRNT } \end{gathered}$ |
| Jamaica (206) | 173 | 44.3 | PRNT |
| Ghana (206) | 35 | 39.7 | PRNT |
| Canada (209) ${ }^{\text {c }}$ <br> Group 1 <br> Group 2 <br> Group 3 | $\begin{aligned} & 164 \\ & 60 \\ & 54 \end{aligned}$ | $\begin{aligned} & 40 \\ & 64 \\ & 52 \end{aligned}$ | PRNT |
| Peru (165) ${ }^{\text {d }}$ <br> Low birth weight <br> Medium weight High birth weight | $\begin{gathered} 34 \\ 15 \\ 9 \\ 10 \end{gathered}$ | $\begin{gathered} 56.3( \pm \mathrm{SE}) \\ 61 \pm 13 \\ 59 \pm 15 \\ 46 \pm 16 \end{gathered}$ | EIA |
| Nigeria (210) | 206 | 48 | EIA |

a Studies that specify that seronegative children were excluded in half-life estimates.
b Decline of median titres, with seronegative children included in the estimation.
c Group 1; mothers born before 1958, Group 2; mothers born >1964 and received killed measles vaccine followed by live attenuated measles vaccine, Group 3; mothers born >1964 and received live attenuated measles vaccine.
d High titres $>3000$, medium titres 2000-3000 and low titres 1000-2000.
$\mathrm{SE} \quad=$ standard error for each group
$\mathrm{HI}=$ haemagglutination inhibition assay
PRN = plaque reduction neutralization test
ELISA = enzyme linked immunosorbent assay

Women with vaccine-induced immunity tend to have lower anti-measles virus antibody levels than women with naturally-acquired immunity, and their children may be susceptible to measles at an earlier age. Lower levels of measles antibodies in vaccinated individuals may result not only from the direct effects of vaccination but because successful vaccination programmes reduce measles virus transmission and thus boosting of immunity through exposure to wild-type measles virus.

Placental transfer of maternal antibodies, including antibody to measles virus, is impaired in HIV-1-infected women ( $50 ; 51$ ). Children born to HIV-1-infected women may be susceptible to measles virus infection earlier than children born to uninfected women. In the Republic of Kenya, $9 \%$ of 109 children born to HIV-1-infected women acquired measles before nine months of age, compared with $3 \%$ of 194 children born to uninfected women (52). However, the lower levels of maternal antibody may also result in a better response of their HIV-1-infected and uninfected infants to measles vaccine administered at six months of age.

Malaria, particularly infection with Plasmodium falciparum, can cause pathological changes in the placenta, including thickening of the basement membrane and inflammation, which can impair the transplacental transfer of maternal antibodies. Studies in the Republics of the Gambia and Malawi reported reduced placental transfer of antibodies to measles virus in the presence of placental malaria infection $(53 ; 54)$.

### 3.3.1.3 Immunological immaturity

Very young infants (six months or younger) do not develop high levels of neutralizing antibodies after immunization with attenuated measles virus vaccines, even in the absence of passively-acquired maternal antibodies. Neonates have impaired antibody responses to many antigens. The magnitude of the IgG antibody response is lower than in adults and antibody avidity is decreased (55). Inefficient immune responses in neonates may be due to impaired interactions between T-lymphocytes and antigenpresenting cells. Specifically, neonatal immunologic immaturity may result from failure of neonatal follicular dendritic cells (FDC) to respond to lymphoid-mediated signals, with subsequent failure in maturation of FDC and formation of germinal centres (56).

### 3.3.1.4 HIV-1 infection and other immunosuppressive conditions

The antibody response to measles vaccine can be impaired in HIV-1-infected children (Figure 4, Tables 4 and 5) (57). In three prospective studies conducted early in the HIV-1 epidemic in the United States, only approximately one-quarter to one-third of HIV-1-infected children responded to a single dose of standard-titre measles vaccine (57). In a study of HIV-seropositive children in the Democratic Republic of the Congo, $65 \%$ had protective levels of measles antibody three months after measles vaccination at nine months of age, although only $36 \%$ of 11 symptomatic children seroconverted compared with $77 \%$ of 26 asymptomatic children (58). In Malawi, the proportion of measles seropositive children (by EIA) following two doses of measles vaccine at 6 and 9 months of age was only $64 \%$ for 45 HIV-infected children, compared with $94 \%$ of 202 HIV-exposed but uninfected children and $92 \%$ of 417 HIV-unexposed children (Felicity Cutts, personal communication). By contrast, $88 \%$ of 50 HIV-1-infected Zambian children developed protective antibody levels (by plaque reduction neutralization assay) within six months of vaccination compared to
$94 \%$ of 98 HIV-seronegative children and $94 \%$ of 211 HIV-seropositive but uninfected children ( $P=0.3$ ) (59). By 27 months after vaccination, however, only half of the 18 HIV-1-infected children who survived and returned for follow-up maintained protective measles antibody levels compared with $89 \%$ of 71 uninfected children ( $P=0.001$ ) ( 59 ). Studies in the United States also found that HIV-1-infected children have a more rapid decline in measles antibody levels compared with HIV-1-uninfected children (60), with a median time to loss of EIA-detectable antibody of 30 months in one study of 17 HIV-1-infected children (61). However, the majority of HIV-1-infected adults who were vaccinated as children remain seropositive $(62 ; 63)$.

Figure 4: Proportion of children who responded to measles vaccine by HIV infection status in cross-sectional studies


The response of HIV-1-infected children to a second dose of vaccine in five studies was variable, but generally poor (Table 5) (57). However, in the study of Zambian children cited above, $92 \%$ of 12 HIV-1-infected children revaccinated during a supplemental measles immunization activity had protective measles antibody levels (59), although the time between revaccination and testing was shorter than in many previous studies.


[^4]Table 5: Prospective studies on responses to measles vaccine in HIV-infected children

| Author, date of publication (ref) | Country | Number of Children | Age in Months | Response to Primary Immunization | Response to Repeat Immunization |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Oxtoby 1989 (58) | Zaire | 37 | 21 | $36 \%$ of 11 symptomatic $77 \%$ of 26 asymptomatic | NA |
| Krasinski 1989 (216) | USA | 8 | 11-41 | 25\% | NA |
| Palumbo 1992 (217) | USA | 35 | 12-194 | 37\% | 0\% ${ }^{\text {a }}$ |
| Brena 1993 (212) | USA | 2 | NA | NA | 50\% |
| Frenkel 1994 (218) | USA | 4 | 22-121 | NA | 0\% |
| Brunell 1995 (219) | USA | 11 | 72-120 | NA | 36\% |
| Arpadi 1996 (60) | USA | 7 | 31-120 | NA | 14\% |
| Thaithumyanon 2000 (178) | Thailand | 16 | 9 | 57\% | NA |
| Moss 2007 (59) | Zambia | 50 | 9 | 88\% | $92 \%{ }^{\text {b }}$ |
| Helfand 2008 | Malawi | 61 | 6 | 59\% | $64 \%{ }^{\text {c }}$ |

[^5]Immune restoration follows effective highly active antiretroviral therapy (HAART) in many HIV-1-infected children, and can improve the response to revaccination against measles (64). Repeat vaccination with MMR vaccine was more likely to result in an antibody responses in children receiving HAART than in children receiving non-HAART antiretroviral regimens (65). Deferring vaccination in HIV-1-infected children with advanced immunosuppression until HIV-1 replication is controlled by HAART could result in improved responses to vaccination, and should be considered if they are not at immediate risk of contracting measles. However, antibody responses may wane even in HIV-1-infected children receiving effective HAART (66). Only $73 \%$ of 11 children receiving HAART who responded to MMR after reimmunization had measurable antibody levels to measles virus one year later (67).

### 3.3.1.5 Concurrent acute infections

Although probably uncommon, concurrent acute infections may interfere with the immune response to measles vaccine, but mild illnesses are not a contraindication to measles vaccination (68). Several small studies suggested that illness at the time of measles vaccination, particularly upper-respiratory tract infections, interfered with the protective antibody response to measles vaccination (69-71). However, the majority of studies found that minor illnesses do not interfere with seroconversion following measles vaccination (68;72-75), including studies conducted in the Republic of Haiti (76) and the Rwandese Republic (77) as well as in more developed countries. Neither malaria $(78 ; 79)$ nor malaria chemoprophylaxis ( $80-82$ ) impair the immune response to measles vaccine, although investigators in the Republic of Gambia speculated that repeated malaria infections may be responsible for waning immunity to measles virus 5-7 years after vaccination (83).

### 3.3.1.6 Nutritional status

Most published studies have found that malnourished children have equivalent seroconversion rates after measles vaccination compared to children who are well-nourished ( $76 ; 84-87$ ). In one exception, stunting was found to be significantly associated with low antibody levels to measles virus among Ugandan children (OR $1.8, P=0.04$ ) (88). Although investigators in the Republic of Indonesia found a lower rate of seroconversion among children vaccinated at six months of age who received vitamin-A supplements compared to children who did not (89), subsequent trials have found similar or higher rates of seroconversion among children receiving vitamin-A supplements ( $90-93$ ). These studies support the World Health Organization policy of administering vitamin-A supplements at the time of measles vaccination (94).

### 3.3.1.7 Host genetics

Host genetic background affects the likelihood of seroconversion, antibody levels and cellular immune responses following measles vaccination. Polymorphisms in human immune response genes influence immune responses to measles vaccine, including class I and class II human leukocyte antigen (HLA) types and non-HLA alleles (95). Single-nucleotide polymorphisms (SNPs) in cytokine and cytokine receptor genes (96), as well as SNPs in the measles virus receptors (SLAM and CD46) (97), have also been associated with differences in antibody and cellular immune responses to measles vaccine. However, in general, most people develop protective antibody levels after a second dose of measles vaccine, regardless of genetic background.

### 3.3.1.8 Sex

Several studies reported intriguing sex differences in the immunogenicity $(90 ; 98 ; 99)$ and reactogenicity (100) of measles vaccine, with higher post-vaccination antibody levels and rates of fever and rash in girls. Interest in sex differences in response to measles vaccine was stimulated by reports of increased mortality in girls following receipt of the high-titre measles vaccine (see below - Adverse events associated with bigh-titre measles vaccines). However, sex differences in seroconversion rates were not reported in the majority of studies on the immunogenicity of standard-titre measles vaccine. The immunological basis for any sex differences in the responses to measles vaccines is not known.

### 3.3.2 Vaccine characteristics

In general, the currently used live, attenuated measles vaccines are effective in inducing protective immunity. At nine months of age, the proportion of children who respond to measles vaccination does not differ substantially between vaccine strains. However, at six months of age, a higher proportion of children respond to the Edmonston-Zagreb vaccine than to the Schwarz vaccine strain $(17 ; 101)$.

### 3.4 Measurement of protection after immunization

### 3.4.1 Measures of protection

Protection against measles following vaccination can be measured in several different ways. Vaccine efficacy is a measure of the proportion of children who are protected against clinically apparent disease. Measles vaccine efficacy under study conditions (e.g. in clinical trials), or effectiveness under field conditions, is measured as one minus a measure of the relative risk of measles in the vaccinated group compared to the unvaccinated group. Because of the large number of children and long duration of follow-up required to measure measles vaccine efficacy in clinical trials, immunological markers of protective immunity are more commonly used to assess measles vaccines.

There are several immunological assays used to measure antibodies to measles virus, not all of which measure functional or protective antibodies. Measurement of antibodies to measles virus by the plaque reduction neutralization assay is best correlated with protection from infection and remains the gold standard for measuring protective antibody levels. This assay provides a quantitative measurement of the level of neutralizing antibodies. However, the assay is expensive and labour-intensive. The protective level of measles neutralizing antibody is estimated to be $200 \mathrm{mIU} / \mathrm{mL}$ when based on the First International Reference serum, and $120 \mathrm{mIU} / \mathrm{mL}$ when based on the Second International Reference serum (102). The WHO Expert Committee on Biological Standardization recently endorsed the use of the $3^{\text {rd }}$ International Standard for measles antibody and assigned a concentration of 3 IU per ampoule, compared with 5 IU per ampoule for the $2^{\text {nd }}$ International Standard (103).

When using the $3^{\text {rd }}$ International Standard Reference serum the level of measles neutralizing antibody that corresponds with clinical protection is $\geq 120 \mathrm{mIU} / \mathrm{mL}$.

Enzyme linked immunosorbent assays (EIA or ELISA) are the most widely used tests to measure measles $\operatorname{IgM}$ and $\operatorname{IgG}$ antibodies because results can be obtained quickly using commercially-manufactured kits. They also require a small volume of serum or plasma, and are less labour-intensive than the plaque-reduction neutralization assays. Most IgM EIA assays used to diagnose acute measles have a high sensitivity $(83 \%-89 \%)$ and specificity ( $95 \%-100 \%$ ) using samples collected 3-28 days after onset of the rash (10). However, much of the IgG antibody detected using commercially-manufactured EIA kits are non-protective antibodies to the nucleoprotein $(\mathrm{N})$, and the EIA are less sensitive than plaque-reduction neutralization tests at low antibody levels (104). A comparative study of two commercial measles IgG EIA assays with plaque-reduction neutralization tests found the EIA assays to have a sensitivity of $90 \%$ and specificity of $100 \%$, with false negative EIA results most common in sera with low levels of neutralizing antibodies (105). Due to the variable sensitivity of IgG EIAs it is recommended that all seroepidemiological assessments include a standard calibrating serum. Comparison of results between EIA assays are problematic due to different sources and concentrations of antigens, and thresholds for determining protective antibody levels have not been standardized (101). Although no longer commonly used, haemagglutination inhibition (HI) assays measure the ability of cross-reacting antibodies to measles virus to block agglutination of monkey red-blood cells.

### 3.4.2 Duration of protective immunity

The duration of immunity following measles vaccination is more variable and shorter than following wild-type measles virus infection, but persists for decades. Even in countries where measles is no longer endemic, antibodies to measles virus persist for years (Table 6, Figure 5) (106-108). In countries where measles remains endemic, or in early studies where measles vaccine coverage rates were low, immune responses may be boosted by re-exposure to wild-type measles virus (26). The antibody levels induced by vaccination decline over time and may become undetectable. Nevertheless, immunological memory persists and, following exposure to measles virus, most vaccinated persons produce a measles virus-specific immune response without clinical symptoms.

Figure 5: Measles antibody response and persistence following immunization with Schwarz vaccine


### 3.5 Unintended immunological consequences of measles vaccination

### 3.5.1 Adverse events associated with live attenuated measles vaccines

Adverse events following measles vaccination are generally mild and transient, and result from host immune responses to replicating vaccine virus. Mild pain and tenderness may occur at the site of injection. Fever of at least $39.4{ }^{\circ} \mathrm{C}$ occurs in approximately $5 \%$ of recipients $7-12$ days following measles vaccination, and a transient rash occurs in approximately $2 \%$ of recipients (16). These signs and symptoms are a consequence of the host immune response to replicating measles vaccine virus, but do not result in serious morbidity or mortality. Rarely, thrombocytopenia (low number of platelets) may occur (109), similar to the transient idiopathic thrombocytopenic purpura that follows acute infections. These adverse events are less likely to occur following a second dose of measles vaccine.

Allergic reactions to vaccine components, including neomycin and the stabilizers gelatin or sorbitol, can follow measles vaccination. Anaphylactic reactions are rare, occurring in one in 20000 to one in 1000000 vaccinees (16). There is no association between a history of egg allergy and allergic reactions to measles vaccines (16).
Table 6: Measles antibody response and persistence following vaccination with a single dose of measles vaccine

| Author, date of publication (reference) | Country of study | Age at vaccination | Vaccine strain | Assay | Years since vaccine | $\%$ with measles antibodies |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Brown et al, 1969 (220) | Pacific Atoll: Ulithi | 5 years | Edmonston B | HI | 5 | 95 |
| Arbeter et al, 1972 (221) | USA | $\geq 12$ months | Edmonston B+ immunoglobulin | HI | 6-9 | 100 |
| Bass et al, 1976 (183) | Hawaii | NA | NA | HI | 8 | 83 |
| Yeager et al, 1977 (222) | USA | $\geq 13$ months | NA | HI | 12-14 | 93 |
| Shasby et al, 1977 (223) | USA | >12 months | NA | HI | 9 | 91 |
| Krugman, 1977 (224) | USA | NA | Schwarz | H | 14 | 99 |
| Krugman, 1977 (224) | USA | NA | Schwarz | HI | 12 | 91 |
| Krugman, 1977 (224) | USA | NA | Edmonston B+ immunoglobulin | HI | 12 | 100 |
| Balfour \& Amren, 1978 (225) | USA | $\geq 14$ months | Moraten | HI | 6.5 | 95 |
| Weibel et al, 1979 (226) | USA | Na | Schwarz, Moraten | HI | 10 | 100 |
| Weibel et al, 1979 (226) | USA | Na | Edmonston B | HI | 10 | 93 |
| Krugman, 1983 (227) | USA | 3-9 years | Schwarz | HI | 16 | 87 |
| Peradze \& Smorodintsev, 1983 (228) | Former Soviet Union | 10 months-8 years | Leningrad-16 | HI | 11-15 | 94 |
| Xiang \& Chen, 1983 (229) | China | 8-27 months | Shanghai-191 | HI | 8 | 87 |
| Orenstein et al, 1986 (230) | USA | $>15$ months | NA | Hi | 10-14 | 94 |
| Pedersen et al, 1986 (231) | Greenland | 5-68 years | Schwarz | EIA | 16 | 70 |
| Isomura et al, 1986 (232) | Japan | $3-5$ years | CAM-70 | H | 12 | 100 |
| Miller, 1987 (106) | England and Wales | 10 months-2 years | Schwarz | HI | 15 | 100 |
| Gustafson et al, 1987 (233) | USA | 12-24 months | NA | EIA | 11-17 | 95 |

Table 6: Measles antibody response and persistence following vaccination with a single dose of measles vaccine (cont'd...)

| Author, date of publication (reference) | Country of study | Age at vaccination | Vaccine strain | Assay | Years since vaccine | $\%$ with measles antibodies |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Dai Bin et al, 1991 (234) | China | 8-12 months 13-16 months | HU191 | H | 14 | $\begin{aligned} & 87.2 \\ & 91.9 \end{aligned}$ |
| Dai Bin et al, 1991 (234) | China | 8-12 months 13-16 months | Chang47 | H | 14 | $\begin{aligned} & 88.9 \\ & 89.8 \end{aligned}$ |
| Dai Bin et al, 1991 (234) | China | 8-12 months 13-16 months | Schwarz | H | 14 | $\begin{aligned} & 84.6 \\ & 90.3 \end{aligned}$ |
| Dai Bin et al, 1991 (234) | China | 8-12 months 13-16 months | L-16 | H | 14 | $\begin{aligned} & 87.3 \\ & 80.0 \end{aligned}$ |
| Flugsrud et al, 1997 (108) ${ }^{\text {a }}$ | Norway | 2 years | Schwarz | ELISA | 18 | 92.3 |
| Whittle et al, 1999 (83) | Senegal | 10 months | Schwarz | HI | 5-7 | 81 |
| van den Hof et al, 1999 (235) | The Netherlands | 14 months | MMR | ELISA | 6 | 91.4 |
| Viviani et al, 2004 (236) | The Gambia | 9 months | NA | H | $\begin{aligned} & 3-4 \\ & 8-9 \\ & \hline \end{aligned}$ | $\begin{aligned} & 91.4 \\ & 96.0 \end{aligned}$ |

[^6]
### 3.5.2 Adverse events associated with formalin-inactivated measles vaccine

In the 1960s, a formalin-inactivated, alum-precipitated measles vaccine (FIMV) was licensed and administered to children in the United States. Three doses of inactivated vaccine elicited a protective antibody response that waned within months (110). Up to $60 \%$ of immunized children exposed to measles developed an unusual immunological response called atypical measles, characterized by high fever, inflammation of the lungs (pneumonitis), and a petechial rash on the extremities $(111 ; 112)$ and this lead to withdrawal of the FIMV in 1967. In a rhesus macaque model, atypical measles was shown to be associated with immune complex deposition in affected tissues and a systemic and pulmonary eosinophilia (113). The antibody response consisted of high levels of complement-fixing antibodies with low avidity for measles virus, characteristics that may have promoted exaggerated immune complex formation and disease. Atypical measles is not seen after exposure to wild-type measles virus in children who received live, attenuated measles vaccines.

### 3.5.3 Adverse events associated with high-titre measles vaccines

To overcome the inhibitory effect of maternal antibodies and protect young infants against measles, high-titre preparations containing 10-100 times the standard dose of vaccine virus were evaluated in several countries. Seroconversion rates in four to six month old infants immunized with high-titre measles vaccine were comparable to those of nine to 15 month old children vaccinated with standard-titre measles vaccine (17), but high-titre measles vaccine resulted in a poorly understood increase in mortality in immunized girls 1-2 years after vaccination in some developing countries, compared with girls immunized with standard-titre vaccine at nine months of age (114;115). The high-titre measles vaccine was withdrawn and is no longer used. The pathogenesis of the delayed increased mortality after the high-titre vaccine is not understood, but may be related to long-term suppression of immune responses similar to that induced by wild-type measles virus, or to alteration of immune responses associated with a change in the sequence of childhood vaccination (116).

### 3.5.4 Adverse events in HIV-infected persons

Although assumed to be rare, the risk of disease caused by attenuated measles vaccine virus in HIV-1-infected persons is unknown. The only documented case of fatal disease associated with measles vaccine virus in an HIV-1-infected person was in a 20 year old man in the United States who died 15 months after receiving his second dose of measles vaccine (117). He had a very low CD4+ T-lymphocyte cell count but no HIV-1 related symptoms at the time of vaccination. Ten months later he developed a giant cell pneumonitis, and measles vaccine virus was identified in his lung. Fatal, disseminated infection with measles vaccine virus has been reported rarely in persons with other impairments of immune function (118), and measles inclusion body encephalitis caused by vaccine virus was reported in a child with an uncharacterized immune deficiency (119). However, there is no evidence that measles vaccines cause or accelerate the course of SSPE in immunocompromised or immunocompetent persons (120).

### 3.5.5 Adverse events incorrectly associated with measles vaccine

Much public attention has focused on a purported association between measles, mumps and rubella (MMR) vaccine and autism following publication of a report in 1998 hypothesizing that MMR vaccine may cause a syndrome of autism and intestinal inflammation (121). The publication that incited the concern was a case series describing 12 children with a regressive developmental disorder and chronic enterocolitis. Nine of the children had autism. Several parents reported that the onset of the developmental delay was associated with MMR vaccination. This simple temporal association was misinterpreted and misrepresented as a possible causal relationship, first by the lead author of the study and then by the media and public. No immunological process adequately explains this purported association. Subsequently, several comprehensive reviews and additional epidemiological studies rejected evidence of a causal relationship between MMR vaccination and autism (122). One of the most conclusive studies was a large retrospective cohort study of over half a million Danish children that found no association between MMR vaccine and risk of autistic disorder (relative risk $0.92,95 \%$ confidence interval, $0.68-1.24$ ) (123).

### 3.5.6 Potential nonspecific benefits of measles vaccination

A group of investigators has suggested that vaccination with standard-titre measles vaccine, or mild infection with wild-type measles virus, may have nonspecific beneficial effects resulting in reduced child mortality in excess of deaths attributable to measles (124-126). However, no plausible immunological explanation has been put forth, and the hypothesis that measles vaccination results in a nonspecific reduction in childhood mortality remains controversial and unproven, and is based on potentially biased or confounded data ( $127 ; 128$ ).

# 4. Prospects for improving immune response with new measles vaccines 

The live attenuated measles vaccines currently used have a history of proven safety and effectiveness over the past 40 years, and have resulted in dramatic reductions in measles incidence, morbidity and mortality. However, the vaccines currently used have some limitations. The ideal measles vaccine would be inexpensive, safe, heat-stable, immunogenic in neonates or very young infants, and administered as a single dose without needle or syringe. The age at vaccination would ideally coincide with other vaccines in the Expanded Programme on Immunization (EPI) schedule to maximize compliance and share resources. Finally, a new vaccine should not prime individuals for atypical measles upon exposure of immunized individuals to wild-type measles virus (MV) (a complication of formalin-inactivated measles vaccines), and should not be associated with prolonged immunosuppression, adversely affecting immune responses to subsequent infections (a complication of high-titre measles vaccines).

Several candidate vaccines with some of these characteristics are undergoing development and testing. Naked cDNA vaccines are thermostable and inexpensive and could theoretically elicit antibody responses in the presence of passively-acquired maternal antibody. Deoxyribonucleic acid (DNA) vaccines encoding either or both the measles H and F proteins are safe, immunogenic and protective against measles challenge in naive, juvenile rhesus macaques (129). A different construct, containing H, F and N genes and an IL-2 molecular adjuvant, provided protection to infant macaques in the presence of neutralizing antibody ( $130 ; 131$ ). Alternative techniques for administering MV genes, such as alphavirus (132), parainfluenza virus (133) or enteric bacterial (134) vectors, are also under investigation. New oral immunization strategies have been developed using plant-based expression of the MV H protein in tobacco (135).

Aerosol administration of measles vaccine was first evaluated in the early 1960s in several countries, including in the former Soviet Union and the United States. More recent studies in the Republic of South Africa (136) and the United Mexican States (137) have shown that aerosol administration of measles vaccine is highly effective in boosting antibody levels, although the primary humoral and cellular immune responses to aerosolized measles vaccines are lower than following subcutaneous administration at nine (138) and 12 months of age (38). A systematic review and meta-analysis concluded that the seroconversion rate with aerosolized measles vaccine was $94 \%$ in children 10 to 36 months of age, compared with $97 \%$ for subcutaneously administered vaccine (139). Measles antibody levels and the proportion of children who were seropositive six years after revaccination were significantly higher among children who received aerosol vaccine compared with those who received measles vaccines subcutaneously, suggesting a stronger and longer-lasting antibody response after revaccination with aerosol measles vaccine (140). Administration of measles vaccine by aerosol has the potential to facilitate measles vaccination during mass campaigns and eliminate the medical waste problems associated with needles and syringes, and the World Health Organization is working to test and bring to licensure an aerosol measles vaccine by 2009.

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The World Health Organization has provided technical support to its Member States in the field of vaccine-preventable diseases since 1975. The office carrying out this function at WHO headquarters is the Department of Immunization, Vaccines and Biologicals (IVB).

IVB's mission is the achievement of a world in which all people at risk are protected against vaccine-preventable diseases. The Department covers a range of activities including research and development, standard-setting, vaccine regulation and quality, vaccine supply and immunization financing, and immunization system strengthening.

These activities are carried out by three technical units: the Initiative for Vaccine Research; the Quality, Safety and Standards team; and the Expanded Programme on Immunization.

The Initiative for Vaccine Research guides, facilitates and provides a vision for worldwide vaccine and immunization technology research and development efforts. It focuses on current and emerging diseases of global public health importance, including pandemic influenza. Its main activities cover: i) research and development of key candidate vaccines; ii) implementation research to promote evidence-based decision-making on the early introduction of new vaccines; and iii) promotion of the development, evaluation and future availability of HIV, tuberculosis and malaria vaccines.

The Quality, Safety and Standards team focuses on supporting the use of vaccines, other biological products and immunizationrelated equipment that meet current international norms and standards of quality and safety. Activities cover: i) setting norms and standards and establishing reference preparation materials; ii) ensuring the use of quality vaccines and immunization equipment through prequalification activities and strengthening national regulatory authorities; and iii) monitoring, assessing and responding to immunization safety issues of global concern.

The Expanded Programme on Immunization focuses on maximizing access to high quality immunization services, accelerating disease control and linking to other health interventions that can be delivered during immunization contacts. Activities cover: i) immunization systems strengthening, including expansion of immunization services beyond the infant age group; ii) accelerated control of measles and maternal and neonatal tetanus; iii) introduction of new and underutilized vaccines; iv) vaccine supply and immunization financing; and $v$ ) disease surveillance and immunization coverage monitoring for tracking global progress.

The Director's Office directs the work of these units through oversight of immunization programme policy, planning, coordination and management. It also mobilizes resources and carries out communication, advocacy and media-related work.

World Health Organization<br>20, Avenue Appia<br>CH-1211 Geneva 27<br>Switzerland<br>E-mail: vaccines@who.int<br>Web site: http://www.who.int/immunization/en/




[^0]:    ${ }^{1}$ This programme was established in 1974 with the main aim of providing immunization for children in developing countries.

[^1]:    $\mathrm{HI} \quad=$ haemagglutination inhibition assay
    PRN = plaque reduction neutralization test
    ELISA $=$ enzyme linked immunosorbent assay

[^2]:    $\mathrm{HI}=$ haemagglutination inhibition assay
    PRN = plaque reduction neutralization test ELISA $=$ enzyme linked immunosorbent assay

[^3]:    haemagglutination inhibition assay
    
    $\mathrm{HI}=$
    PRN
    ELISA

[^4]:    Age at testing; age at vaccination not provided:
    a median 13.2 years (range 7-19)
    b mean 13.2 year (range 6-19)
    EIA = enzyme immunoassay

[^5]:    Four children received repeat imunization
    Antibody levels were not measured prior to revaccination of these 12 HIV-infected children 45 HIV-infected children were revaccinated at 9 months of age

[^6]:    Updated, by permission of the publisher, from Markowitz et al. 1990, (104).
    NA $=$ information not available.
    $\mathrm{HI}=$ haemagglutination inhibition assay
    EIA $=$ enzyme immunoassay
    ELISA $=$ enzyme linked immunosorbent assay

